

**Canada Food Guide Poster Assignment**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Due Date: \_\_\_\_\_\_\_\_\_\_\_\_

TOTAL: /40 marks

**Objective:** Create a small poster (ledger size) of the Canada Food Guide that includes the following: ·

* Title (Canada Food Guide)
* At least five pictures of food items for each of the four Food Groups for a total of 20 pictures *(may be hand drawn, cut-out of magazines, internet pictures )*
* Heading for each Food Group *(ex. Grain products)*
* The recommended number of servings per day for each food group *(group must either reflect needs of Children 9-13 or Teens 14 – 18)*
* Must be creatively presented (unique) and not replicate the current images used/ color schemes used by Health Canada

**RUBRIC:** You will be marked on the following criteria:

1. Title.................................................................................... / 4
2. Five Pictures for each Food Group.............................. / 20
3. Heading for each Food Group....................................... / 4
4. Recommended number of servings.............................. / 6
5. Overall Layout / Neatness / Creativity...................... / 6

Total: /40

**IMPORTANT:** Please attach this handout to the back of the poster!